



Program Overview

College is a time to explore. Step outside your comfort zone. Look at the world. **Meredith in Italy** gives you the opportunity to do just that.

For more than 20 years, Meredith College has offered Meredith in Italy, the only American study abroad program available in the medieval town of Sansepolcro. Rich in history and tradition, Sansepolcro's location in Tuscany provides a unique setting to live and learn in Italy.

You'll immerse yourself in Italian language, culture, and community. And you'll become a confident and competent independent traveler – all while earning course credits toward your college degree.

The low faculty-to-student ratio and small size of the program mean you'll receive the personalized attention and support that characterizes the Meredith experience. You'll live with and learn from experienced Meredith faculty and staff, including the on-site director, who's a native of Sansepolcro. When you're ready to study abroad, go strong.

About Sansepolcro

Located off the beaten path, Sansepolcro possesses a distinctive Italian character. Its location in the heart of Tuscany – away from the traditional tourist destinations in Italy – provides you with an authentic Italian experience. Your home in Sansepolcro will be a renovated 16th century palazzo, ideally situated in the center of town. You'll be just blocks away from the town's attractions, including the cathedral, churches, restaurants, the main piazza, and the *Museo Civico*, home to treasured works of art by one of Sansepolcro's most well-known residents, Renaissance painter Piero della Francesca.

You'll be welcomed by locals and integrated into the community and culture of the town. As a result, you'll participate in town customs such as the *passeggiata* – a nightly stroll around town that provides the opportunity to catch up with friends on the happenings of the day.

From Sansepolcro you will find it easy to travel across Italy and Europe. Group excursions to the nearby cities of Florence, Arezzo, and Anghiari are included in the program, as well as multiple independent travel breaks.







Accommodations

The 16th century Palazzo Alberti, located on the town's main pedestrian street, will be your Meredith home in Sansepolcro. The three-story building houses student living spaces, lounges, and dining facilities on the top floor with classrooms, offices, and faculty apartments below. The historic palazzo was renovated in 2009 and is equipped with all the modern conveniences you're accustomed to – including an industrial kitchen, a laundry room, and wireless internet. The furnishings inside the palazzo were handcrafted by local artisans, giving the interior an authentic feel.

Group meals, which are included in the cost of the program, allow you to enjoy traditional, multi-course Italian lunches prepared by our longtime palazzo chef, who has cooked for our program's guests for years. You'll also have easy access to other Italian delicacies – coffee, gelato, restaurants, and pizza shops are located near the palazzo.













Community Engagement

Your engagement with the community in Sansepolcro is what sets Meredith in Italy apart from other study abroad programs. Because of Meredith's long-standing presence in the town, you'll be welcomed as a local (even though your stay is temporary). You'll have the opportunity to teach English in local schools. But little English is spoken in Sansepolcro, so you'll never run out of chances to practice your Italian. You'll visit and eat weekly dinners with host families – some of whom have been inviting participants into their homes for more than 15 years. Through these experiences you'll build meaningful relationships within the community and sharpen your Italian speaking skills.

In the fall, you'll experience the town's traditions such as the Palio della Balestra – an annual crossbow competition between the towns of Gubbio and Sansepolcro that dates back to the 15th century. You'll also have the opportunity to participate in a Halloween party with local children and a large Thanksgiving feast. In the spring, you'll experience the town's Pasquale, or Easter, traditions.

Independent Travel



As part of the program, you will complete a one-credit "Learn to Travel/Travel to Learn" course to become a confident international traveler. This course will teach you the skills needed to be a savvy



traveler and will help you travel safely and smartly. You'll be able to travel easily on your own using the local bus and rail systems. And if you're already an experienced traveler, you'll discover new tips to help you grow as a global citizen.

"In Beppe Severgnini's La Bella Figura, he dedicates a whole chapter to the Tuscany region of Italy, and quite frankly, I don't blame him. After visiting Rome, I was eager to return to Sansepolcro. Why? Because this small Tuscan town is the place to be. A run to the Tiber river, just a mile away, gives you a view of the town wedged in between the beautiful rolling hills of the Sansepolcro region. To me, Sansepolcro is Meredith College in Italy. It's home. I wouldn't want to live anywhere else in all of Europe."

Connor Allegood, '15







Program Structure

The fall semester offers a strong curriculum in Italian language, culture, arts, and the humanities. This program is designed to accommodate many majors and is ideal if you're seeking to fulfill a significant number of general education requirements.

The spring semester in Sansepolcro offers rotating discipline-specific programming. Through this program, you will explore your field of study through engaging, focused

courses that are designed to fulfill major requirements. Italian language and general education courses are available as well. Once in Sansepolcro, you may also work with faculty and staff to conduct undergraduate research projects or explore a discipline-related internship through our connections in the community.

All students will earn a full semester of Meredith College credit. Course descriptions are available at least one year in advance, and course syllabi are available upon request.

Summer Programs



Meredith also offers multiple summer programs in Sansepolcro. A general education program in Italy and Switzerland is offered every summer, as well as rotating discipline-specific programs. All programs are based in Sansepolcro at the Palazzo Alberti.

Visit meredith.edu/studyabroad for the latest summer program offerings, application materials, and deadlines.

Cost

The semester program cost covers tuition, room, and half-board, plus cultural activities, program-related travel, and program-sponsored excursions in Italy. Additional expenses include round-trip airfare, books, independent travel, insurance, and miscellaneous personal expenses. Students should contact Meredith's Office of International Programs directly for the current semester program cost. Additionally, please contact your institution's financial assistance staff regarding policies and funding for study abroad.

Eligibility

Because Meredith is a women's college, female students from other institutions are welcome to apply to Meredith in Italy study abroad programs. The minimum eligibility requirements for Meredith and non-Meredith students are posted on program application materials. If you are a rising sophomore, junior, or senior, you are eligible to apply with the approval of your home institution.

How to Apply

The application forms and eligibility requirements for both Meredith and non-Meredith students can be accessed from the "Application Process" section of meredith.edu/studyabroad.

Deadlines are early October to apply for spring and early February to apply for summer and fall terms. Check the website for exact deadlines.



WHEREVER YOU'RE GOING IN LIFE, GO STRONG.

123 years, 2,000 students, 19,000 graduates, all going strong. Chartered in 1891, Meredith College opened with just over 200 women. Today, our student body has grown to nearly 2,000 and includes men at the graduate level. Meredith challenges students to explore their interests, expand their skills, and build on their strengths. Our graduates go on to use their intellect and abilities to make a positive impact on the world. At 123 years and counting, Meredith College is still going strong.



Office of International Programs I 3800 Hillsborough Street, Raleigh, NC 27607 (919) 760-2307 I FAX (919) 760-2391 I studyabroad@meredith.edu

meredith.edu/studyabroad

Meredith College admits qualified women students without regard to race, creed, national or ethnic origin, sexual orientation, age, or disability.